



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**
2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

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FOR IMMEDIATE RELEASE

North Suburban YMCA to host a NEW Youth Explorer Expo on Jan 12th

This **FREE** inclusive event includes youth activities, bounce house, face painting, fitness and sports programs, art, dance and more!

The North Suburban YMCA is excited to announce the inaugural **Youth Explorer Expo**, a brand-new event designed to bring families together for a day of fun, adventure, and discovery. The event will take place on **January 12, 2024, from 2:00 PM to 4:00 PM** at the YMCA's Northbrook facility. Free and open to all ages, this interactive expo will allow families to experience a wide range of programming, connect with local community businesses in the youth industry, and participate in an adventurous passport activity that encourages exploration and active play.

"We're thrilled to launch the Youth Explorer Expo as a fun way for families to discover all that the YMCA and our community has to offer," said Ricky Gonzalez, Senior Director of Camp and Youth Programs at North Suburban YMCA. "This event will not only showcase our diverse youth programming at the Y but also give families the opportunity to connect with local businesses, try new activities, be creative and engage in active play together."

Some highlights that day will include an adventurous passport activity that guides families through various stations across the YMCA facility. Each station will highlight different activities and programs, encouraging participants to engage, explore, and meet new people while having fun. The expo will feature opportunities for families to try new fitness programs, learn about community resources, and interact with organizations that specialize in youth services and programs. Other activities will include bounce house obstacle course, face painting, art projects and more.

This event is free and open to all ages, offering something for everyone – from children to adults. Whether you're interested in discovering new recreational activities at the YMCA or simply enjoying an afternoon of fun, the NSYMCA Youth Explorer Expo is the perfect way to start the new year!

Event Details:

- **Date:** Sunday January 12, 2024
- **Time:** 2:00 PM – 4:00 PM
- **Location:** North Suburban YMCA, 2705 Techny Road, Northbrook, 847-272-7250
- **Cost:** Free
- **Open to:** All ages

If you RSVP early, you will receive extra raffle tickets for some amazing prizes. [CLICK HERE for RSVP.](#)

For more information, please visit www.nsymca.org or contact Val Lober at vlober@nsymca.org

If you are a business looking to participate in the expo, please sign-up by January 5th. [CLICK HERE FOR APPLICATION AND PRICING.](#)

You may also email Kim Nyren, Director of Community Investment and Events at knyren@nsymca.org before 1/5. Non-profits may attend at not cost but space is limited so sign up now!

Sponsors of the event include [Allstate](#), [Illinois and Bone and Joint Institute](#), [Wintrust Community Banks](#), [Bond Orthodontics](#), [Noggin Builders](#), [Excellerate Learning Studio](#) and many more local vendors.

[About North Suburban YMCA](#)

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.

The North Suburban YMCA offers a multitude of youth programs including performing arts, visual arts, summer camp, gymnastics, volleyball, basketball, fitness programs, special needs programs, swim, after school care and more.



Caption: NSYMCA Youth Explorers Expo on Sunday, January 12 from 2 pm to 4 pm at The North Suburban YMCA located at 2705 Techny Road, Northbrook, IL 60062.