



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN  
YMCA**  
2705 Techny Road  
Northbrook, IL 60062  
[www.nsymca.org](http://www.nsymca.org)

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**FOR IMMEDIATE RELEASE**

**NSYMCA Holds Annual Meeting; Announces 2023-24 slate**

Northbrook, IL: November 2023 – Recognizing a year of strategic planning while meeting the developing needs of a community, the North Suburban YMCA held its Annual Meeting on Wednesday, October 25. The meeting included a year in review highlighting the NSYMCA’s strategic plan and the reappointment of current Board members.

The 2023- 2024 NSYMCA Board of Directors includes Board Chair, Jim Tuchler; Vice Chair, Sal Mano; Vice Chair, Michael Redstone; Treasurer, Anne O’Connor; Secretary, Steven Elisco; At Large, Larry Koehler; At Large, Todd Heller; Other Board Members include Meredith Ade, Johanna Benavides, Andrew Dempsey, Hussein Din, Nathan Margol, Kamal Natarajan, Jerry Nolan, Bill Schloss, Alison Whitlock, and Chinmaya Yerramilli.

“I’m honored to work alongside Kathy Fielding and her amazing staff as we build towards our vision for 2024,” said Jim Tuchler, NSYMCA Board Chair. “Our Y has so much to offer everyone in our community and it remains the best value in the area.”

Also, at the meeting, staff longevity was acknowledged honoring Nancy Gerstein for 25 years of service, Karen Brownlee, Heidi Busch and Suzanne Hagan for 15 years of service and Alex Brodell, Karen Hughes, Dev Kennedy, Ali Margolis, Dan Savino and Melissa Uhlig for 10 years of service and Karen Green for 5 years of services. All honorees received a certificate and pin for their longevity at the Y.

“We are so humbled by the support that our community have given us over the past year,” commented Kathy Fielding, CEO of the North Suburban YMCA. “I’m proud to work with an amazing staff and through our Board of Directors who are constantly striving to make the Y and our community a better place to live and thrive.”

For more information about the North Suburban YMCA, visit [nsymca.org](http://nsymca.org), call 847-272-7250, or stop in for a tour at 2705 Techny Road, Northbrook, IL

**About the North Suburban YMCA**

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone,

regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a 501(c)3 charitable organization, inclusive and welcoming to all in our community. Learn more at [NSYMCA.org](http://NSYMCA.org).



*Caption: The North Suburban YMCA Board of Directors posing at the annual meeting on October 25<sup>th</sup> (left to right) Alison Whitlock, Ron Bernardi, Nathan Margol, Cathy Gregory, Bill Schloss, Todd Heller, Michael Redstone, Steven Elisco, Anne O'Connor, Andrew Dempsey, Kathy Fielding, CEO, Jim Tuchler, Board Chair, Meredith Ade and Hussein Din.*