



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
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**NORTH SUBURBAN
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FOR IMMEDIATE RELEASE

New June Exhibit by Sandy Sheagren Opens at NSYMCA Community Gallery
Sheagren's work is for sale and a portion of proceeds go back to the NSYMCA.

Northbrook, IL: June 2023 – North Suburban YMCA's Community Gallery is showcasing local artist Sandy Sheagren throughout the month of Jun. All of the work featured will be for sale with a portion of the proceeds benefitting the Visual Arts department of the NSYMCA.

Artist Sandy Sheagren's work has a special interest in portraiture and the figure where at a young age developed a fascination for anatomy and the human body from the works of Michelangelo and Leonardo Da Vinci. After making a career in nursing and having studies of medical illustration, this gave her a knowledge base of the human form.

"I am particularly interested in how posture, body language, and color contribute to establishing a mood or feeling," exclaims Sheagren. "Whether I capture the mood of the subject or my own mood, I want to validate the range of human emotions and how our bodies give messages about where our feelings lie. Rather than paint photorealism, I am more interested in creating a mood and touching an emotion in the viewer."

In addition to her exhibits at the NSYMCA, Sheagren's work has been exhibited in numerous groups and solo shows locally and nationally, including the Chicago Art Open (IL), Woman Made Gallery (IL), Open Space Gallery (PA), Lemon Street Gallery (WI), the Illinois Artisans Program (IL), the Northern National Art Competition at Nicolet College (WI), Chowan University (NC), Brubeck Art Gallery (IL), Marilyn Philby Gallery (IL), the Glenview Public Library (IL), and the Ravenswood Corridor Arts & Industry Walk (IL).

The NSYMCA's Community Gallery celebrates the diversely talented artists living and working in Chicago's northern suburbs with monthly exhibits that are free and open to the public. For more information about art at the North Suburban YMCA, contact Cathie Winnie at cwinnie@nsymca.org or 847-272-7250.

About the [North Suburban YMCA](#)

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.



CAPTION: North Suburban YMCA's Community Gallery is showcasing Sandy Sheagren's artwork through June.