



**NORTH SUBURBAN
YMCA**
2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

For More Information Contact:

Nancy Gerstein
Creative Marketing Associates, Inc.
nancy@cmacreative.com
www.cmacreative.com

FOR IMMEDIATE RELEASE

NSYMCA Gymnastics Team Qualifies 10 State Gymnasts and 3 Regional Gymnasts

Northbrook, IL; April, 2022: The North Suburban YMCA's Gymnastics Team closed out its 2022 season at the Illinois XCEL State Championship meet in Waukegan, Illinois on April 8-10, 2022. All ten gymnasts on the team qualified to compete in the State meet, and 3 of them qualified for the XCEL Regional Meet.

The team shined bright by winning numerous medals, and gymnasts Madelyn Elbaum, Victoria Arzumanov, and Chloe Nyren all qualified for the Region 5 Championship. In addition, Caitlin Sheedy was 7th overall in the state on beam, and Madelyn Elbaum was 6th overall in the state on vault and floor, and 7th all around in the state.

Throughout the 2021-22 season, the gymnasts placed in many competitions and the Platinum team has taken home one 1st Place Team award, and one 3rd Place Team award. The Silver team has taken home two 3rd Place Team awards.

"It's so exciting to see our gymnasts competing against all the great talent at the state meet level," noted Shannon Parry, NSYMCA Senior Director of Arts & Risk Management and head gymnastics coach. "Our team rose to the occasion and represented our Y very well. We're proud of everything they've accomplished this year and we're looking forward to their continued growth next season."

The North Suburban YMCA offers gymnastics for preschool, recreational, and competitive gymnastics instruction with the opportunity to participate in statewide competitions as part of the NSYMCA team. Through positive learning-based curriculum and coaching practices, the NSYMCA Competitive Gymnastics Program creates an experience and

opportunity for gymnasts to grow and succeed in and out of the gym. For more information, contact Shannon Parry, sparry@nsymca.org, or visit www.nsymca.org.

About the [North Suburban YMCA](#)

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.



Caption: The NSYMCA gymnastics team brought home ten event championship medals as well as three all-around age group championships. Top row from left: Amanda Fielding, Sara Abazovic, Abigail Jaffe, Ella Quinlan, and Caitlin Sheedy. Bottom row from left: Chloe Nyren, Victoria Arzumanov, Madelyn Elbaum, Kate Quinlan, and Matilda Rex.