North Suburban YMCA
2705 Techny Road Northbrook, IL

847-272-7250
nsymca.org

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00	Open Gym	Open Gym	Fitness	Adult B-ball	Fitness	Adult B-Ball	Adult B-Ball
5:15							
5:30							
5:45							
6:00							
6:15							
6:30		Adult B-ball					
6:45							
7:00							
7:15							
7:30							
7:45							
8:00	Fitness		Fitness				
8:15							
8:30		Fitness			Fitness	Fitness	
8:45							
9:00	Open Gym						
9:15				Pickleball			
9:30			Pre-School				
9:45							
10:00						Gymnastics	
10:15							
10:30							
10:45							
11:00							
11:15							
11:30							
11:45							
12:00						Basketball	
12:15		Fitness					
12:30							
12:45							
1:00							
1:15							
1:30							
1:45							
2:00							
2:15							
2:30							Adult Open Volleyball
2:45							
3:00							
3:15	Gymnastics / Y-Time				Gymnastics / Y-Time		
3:30							
3:45		Basketball / Y-Time		Y-Time / Basketball			
4:00							
4:15							
4:30			Gymnastics				
4:45							Closed
5:00							
5:15							
5:30							
5:45							
6:00							
6:15	Open Gym		Volleyball			Closed	
6:30							
6:45							
7:00			Pickleball				
7:15					Volleyball		
7:30							
7:45							
8:00							
8:15							
8:30							
8:45							
9:00							
9:15							
9:30							
9:45							

Winter 1/6/20-3/21/20
schedule subject to change

1/6/2020