

NORTH SUBURBAN YMCA 2705 Techny Road Northbrook, IL 60062

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FOR IMMEDIATE RELEASE

YMCA Supports Victorious Special Olympics Basketball Teams in Pursuit of State Title Glenbrook United Teams Find Success at State Tournament

Northbrook, Illlinois: March 19, 2012 – Basketball fever is everywhere this spring, as NCAA March Madness begins and local schools head into the playoffs. The North Suburban YMCA was also a center for basketball action this spring as it becomes a practice center for three District 225 teams preparing to go to the Special Olympics Illinois State tournament for the second straight year. In the weeks leading up to the tournament, the 23 players and their coaches had exclusive use of the Y's gym for tournament preparation. The hard work paid off with medals for all three teams.

The Glenbrook United teams, which include special needs students from Glenbrook North, Glenbrook South, and the district's off-campus programs, played in the state tournament at Illinois State University on March 16-17. Both of the boys' teams brought home gold medals, while the girls' team came back from behind in their final game to secure bronze.

Under the leadership of coaches Pa'al Joshi, Kim Petty and Megan Williams, the Glenbrook United teams have had dramatic success since their formation in 2010. In addition to basketball, the program also sponsors teams in soccer, volleyball and track and field. In 2011, all three basketball teams went to the State tournament, and a co-ed volleyball team won the State Championship. The program has been honored by NSSED for its innovation and leadership.

Glenbrook United's faculty sponsor Pa'al Joshi sees a multitude of benefits for the students who participate in the team. "They grow so much from the experience, learning how to play as a team, making new friends, and practicing sportsmanship," Joshi commented before the tournament. "Traveling to state is a real bonding experience. They're all looking forward to it, but I think the coaches and I are just as excited to see them go through it together." The students have also received encouragement within the schools, including parades through the hallways and recognition during Varsity basketball half-time breaks.

"The Y is very proud of these players and their accomplishments at State," noted YMCA Executive Director/CEO Howard Schultz. "We're glad that we could make our facilities available so that they could have the best preparation possible for the tournament."

About the North Suburban YMCA

The YMCA is a not-for-profit entity and relies on donations to fund capital improvements and transform the facility. All board members are community volunteers, who donate their time, talents and financial resources. Located at 2705 Techny Road in Northbrook, the YMCA has served area families in its twelvecity region for over 40 years. The Y is about youth development, healthy living, and social responsibility, providing programs and services that meet the needs of our community and are accessible to all. For more information or to make a donation call Tara Bilby at 847-272-7250, tbilby@nsymca.org, or visit www.nsymca.org.

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Photo Caption: Members of the Glenbrook United basketball teams will represent District 225 at the State Special Olympics tournament in Normal, Illinois on March 16-17. The North Suburban YMCA is providing the team with practice facilities and support in preparation for the tournament.