



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**
2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

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FOR IMMEDIATE RELEASE

North Suburban YMCA Looks to the Future at Annual Meeting on October 28

Northbrook, IL: October 2015 – The Board of Directors of the North Suburban YMCA invites the community to its Annual Meeting, beginning at 6:00pm on Wednesday, October 28. The meeting will showcase the many achievements of the past year, including significant renovations and facility improvements, and will preview enhancements planned for 2016. A pre-meeting reception with refreshments will be held in the lobby of the YMCA, located at 2705 Techny Road in Northbrook beginning at 6:00 pm, which will be followed by the business meeting at 6:45 pm in the ABC Studio.

The NSYMCA has undergone a significant transformation in the past several months, as leadership moved forward with projects funded by the initial wave of donations of Phase 3 of its multi-year Capital Campaign. Since the last annual meeting, the Y has completed a new Strength Training Center and Track, replaced fitness equipment including new state-of-the-art Keiser cycles, upgraded dance studios with new mirrors and ballet bars, established a mobile digital media lab, and provided Wi-Fi coverage throughout the building. Upcoming projects include repair and expansion of the parking lot, completion of the facility's HVAC overhaul, and installation of new signage along Techny Road, all of which will be completed as funds continue to be raised toward the final goal of \$2.2 million.

In addition, the Y will review other accomplishments of the past year, including a record-setting number of campers participating in the Y's summer day camp. The meeting will also recognize a transition of leadership as new board members are installed and outgoing Board Chairman Jeff Knipp passes the torch to new Board Chairman Michael Redstone. Other Executive Officers for the 2015-16 Board will be: Sal Manso and Ron Bernardi, Vice Chairmen; Pat Widmar, Treasurer; and Bob Dahlke Jr, Secretary. The Y will present its annual Volunteer of the Year Award to Sarah Leverenz, and its Staff "Way Above and Beyond" Award to Heidi Busch.

The public is welcome to attend the Annual Meeting on October 28. Please RSVP to Kelly Clippinger, kclippinger@nsymca.org or 847 272 7250 x. 1226 by October 24.

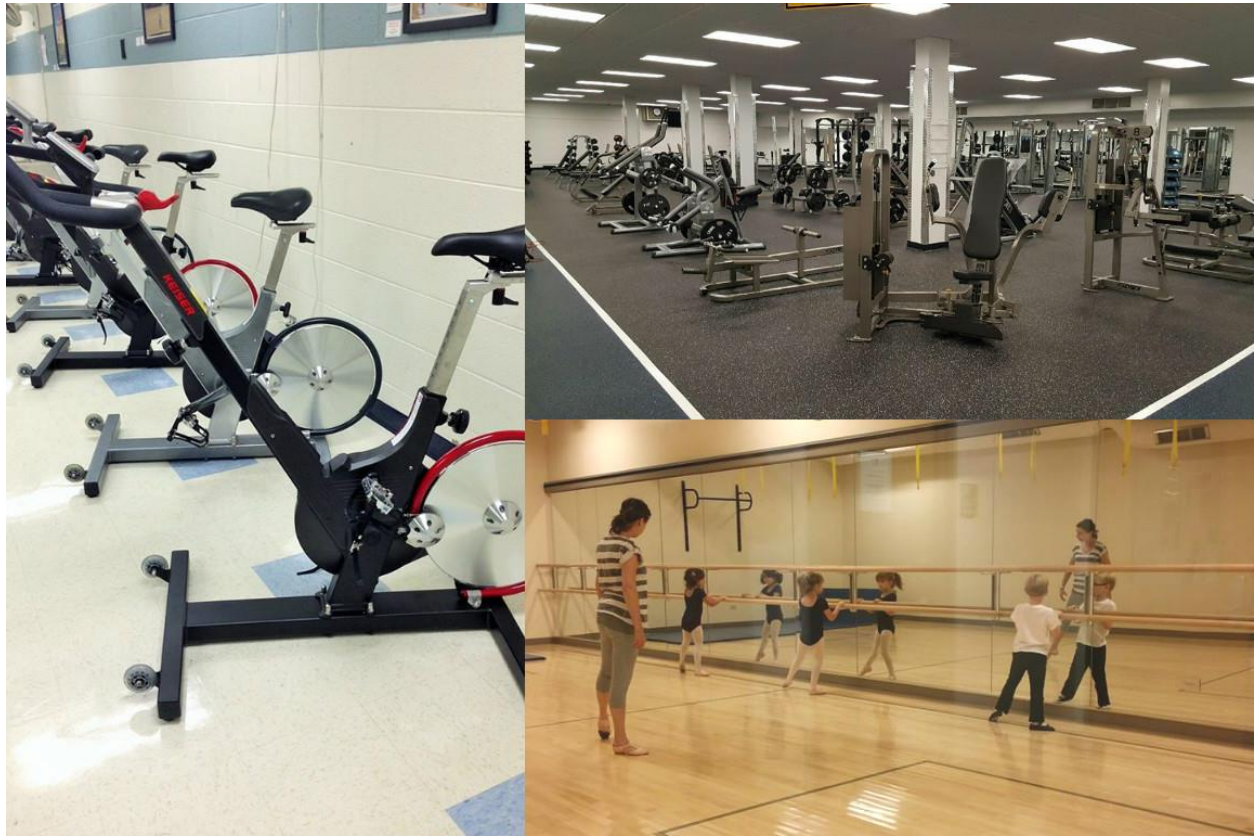


Photo caption: Recent improvements at the North Suburban YMCA include (clockwise from left): new Keiser spin cycles, a completely renovated Strength Training Center and Track area, and dance studios with new mirrors and ballet barres.

About the North Suburban YMCA

The YMCA is a not-for-profit entity and relies on donations to make services available for all families and individuals in its 15-city region. All board members are volunteers, who donate their time, talents and financial resources. Located at 2705 Techny Road in Northbrook, the YMCA has served the northern suburbs of Chicago for over 47 years. The Y is about youth development, healthy living, and social responsibility, providing programs and services that address the needs of our diverse community and are accessible to all. For more information or to make a donation, contact Barb Flanagin at 847-272-7250 or bflanagin@nsymca.org, or visit www.nsymca.org.