



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**NORTH SUBURBAN
YMCA**
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FOR IMMEDIATE RELEASE

YMCA Looks Toward Future at Annual Meeting

Northbrook, IL: Leaders and members of the North Suburban YMCA celebrated a successful past year and previewed upcoming events at the Y's annual meeting on October 26. The meeting serves to inform the public about the non-profit organization's activities, as well as providing an opportunity to recognize the all-volunteer Board of Directors and outstanding staff members.

As noted by Board Chairman Michael Redstone, the past year has included a number of exciting accomplishments for the NSYMCA. The Y was honored by Y-USA for its Social Responsibility programs with a special award and grant presented at the YMCA National Convention, and NSYMCA President/CEO Howard Schultz was selected for the elite Small and Mid-Size YMCA CEO Cabinet of Y-USA. In addition to continuing popular community traditions like the Strong Kids Fundraising Dinner, Spooktacular Halloween Party, Healthy Kids Day, and Party at the Y Summer Celebration, the Y expanded its programming for older adults and individuals with special needs. Newly improved facilities include a remodeled cycle studio and a Makerspace for independent art exploration and creation.

During the meeting, new Board members Mildred Calhoun, Dmitry Faybysh, and Jim Tuchler were inducted for three-year terms. They join a group of over 20 volunteer directors who provide leadership and support for the Y's overall mission.

In the coming year, the Y will be celebrating its 50th anniversary with a series of community events beginning in June. Howard Schultz offered a glimpse into plans that will mark the milestone, and encouraged members to get involved as volunteers and supporters.

"We will be bringing the community together for a wide variety of events that honor the past and look forward to the future as we launch a series of initiatives designed to inspire and transform the Y," said Schultz.

For more information about the North Suburban YMCA, visit NSYMCA.org.



Photo Caption: NSYMCA President/CEO Howard Schultz, center, introduced members of the Y's Board of Directors at the organization's Annual Meeting on October 26, 2017.

About the [North Suburban YMCA](#)

The North Suburban YMCA provides individuals in Northbrook and the surrounding areas with programs and tools that help them become healthier, more connected, and confident. We believe that lasting personal and social change can only come about when we all work together to invest in our community and each other. Every day we work side by side with our neighbors throughout 15 surrounding communities to make sure that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. We focus on Youth Development, Healthy Living, and Social Responsibility. The NSYMCA is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.