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NORTH SUBURBAN YMCA

Job Title: Gymnastics Instructor – Part Time

FLSA Status: Non-Exempt

Reports to: Sports and Gymnastics Director

POSITION SUMMARY:

Provides direct leadership, instruction and motivation for students in gymnastics classes to ensure implementation of high quality gymnastics program. Will train but some gymnastics experience preferred.

ESSENTIAL FUNCTIONS:

1. Instructs gymnastics lessons in accordance with YMCA guidelines, having prepared lesson plans accordingly. Plan and instruct lessons in a safe, fun and progressive manner. Lessons need to be skill appropriate for each class/student. Use check lists.
2. Builds effective, authentic relationships with students and parents; helps them connect with each other and the YMCA.
3. Communicate proactively and clearly information and hand out flyers on gymnastics programs and schedules.
4. Maintains records as required (i.e. attendance, progress reports, etc.). Notify Director if gymnast need to be moved to a different level.
5. Attends staff meetings and trainings as scheduled.
6. Follows all YMCA policies, rules, regulations and procedures, including emergency and safety procedures.
7. Organizes and sets up and puts away needed class equipment. Monitor gymnastics equipment and area for safety, and report damaged equipment or maintenance needs.
8. Trains and supervises class aides as assigned.
9. Responsible to report any incidents, accidents or problems to supervisor immediately and required to fill out incident report.
10. Work with staff to create a positive and energetic learning environment.
11. Help implement the character values of Caring, Honesty, Respect, and Responsibility to all coaches and gymnasts.

QUALIFICATIONS :

1. At least 14 years of age.
2. Experience in recreational or competitive gymnastics as either a gymnast or coach.
3. Able to work and teach both independently and in a team setting.
4. Clean background check
5. CPR and First Aid certified (within 90 days of employment)

PHYSICAL DEMANDS:

1. Ability to walk, stand, and sit (including on the floor) for long periods of time.
2. Must be able to spot and lift athletes of various ages and sizes.
3. Position may require bending, lifting, kneeling, walking and running, and demonstrating techniques.
4. Ability to speak concisely and effectively communicate.
5. Ability to instruct and observe participants in proper skill techniques.
6. Ability to lift and move equipment.