

NORTH SUBURBAN YMCA 2705 Techny Road Northbrook, IL 60062 www.nsymca.org

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FOR IMMEDIATE RELEASE

YMCA "Dive for Gold" Party an Active, Fun Way to Celebrate St. Patrick's Day

Tenth Annual Swim Party to be Held on March 14th

Northbrook, IL: February 2020 – For the 10th year in a row, kids are invited to collect "leprechaun gold" tokens in the indoor pool at the North Suburban YMCA's annual Dive for Gold swim party. In honor of the St. Patrick's Day holiday, the pool will be lit a festive emerald green and take place on Saturday, March 14 from 2:30-4:30 p.m. The event is open to the public.

In addition to tokens, mini glow sticks and glow bracelets will be back again this year as dive targets. The tokens can be exchanged for a special gift from the Y's "treasure chest" of goodies. Notes Missy Contri, the NSYMCA's Director of Aquatics, "Our annual Dive for Gold event is a tradition our families really enjoy, and it's a great way to keep kids active indoors."

Admission is free for NSYMCA members. Non-member admission is \$10 per person with a maximum fee of \$20 per family. Parents need to swim with children younger than six, and to stay in the pool area to supervise older children.

About the North Suburban YMCA

The North Suburban YMCA is a leading provider of swim lessons, with programs ranging from parent/tot classes through adults. The facility also offers lap swimming, water fitness classes, youth swim teams, special needs swimming and private rental pool parties. Swim lessons at the Y promotes safety, confidence, and a love of activity that supports a lifetime of healthy habits. To better serve the Y's diverse community, the Y's aquatics staff offers swim instruction in several different languages.

Spring Session swim classes begin on March 30th. For more information about the aquatics programs at the North Suburban Y, or about the "Dive for Gold" event on March 14, call 847-272-7250 or visit NSYMCA.org.



Photo Caption: Kids will love scooping "leprechaun gold" from the emerald green pool at the North Suburban Y's Annual Dive for Gold Party on Saturday, March 14.