



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
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**NORTH SUBURBAN
YMCA**

2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

For More Information Contact:

Nancy Gerstein

nancy@cmacreative.com

847-401-0384 (direct)

FOR IMMEDIATE RELEASE

Summer Camp Begins at the North Suburban YMCA

Northbrook, IL; June 29, 2020: As Illinois opens to more businesses during Phase Four of the Restore Illinois plan, The North Suburban YMCA, adopting the safety standards of the CDC Field Guide for the American Camping Association and the Y-USA summer day camps safety guidelines, opened its summer day camp program at its facilities on Monday June 29.

“Safety is our number one priority. We’re following all CDC camp guidelines including frequent handwashing, disinfecting, social distancing as much as possible, and wearing masks when social distancing can’t be accommodated,” said Kathy Fielding, CEO of the NSYMCA, adding, “We know more than ever, children need to spend time outdoors practicing social, emotional, and problem-solving skills. The Y Day Camps offers a place where kids can be kids in a safe environment.”

In addition, the NSYMCA has taken the following precautions for campers and staff members:

- All camp families will submit a pre-camp health status questionnaire.
- Upon arrival, every camper will be temperature checked then directed to outdoor handwashing stations to wash their hands.
- The majority of camp time will take place outdoors.
- The Y has installed six portable outdoor sinks on the Y’s campus.
- All camps are divided into individual cohorts ensuring small groups.
- Each camp counselor is equipped with PPE crates to ensure frequent disinfecting.

The Y summer camps run a total of 7 weeks from June 29 to August 14, and there are spaces still available in the Y’s Traditional Camp, Specialty Camps, and Sports Camp. Parents can register their children for half-day (9 am-Noon or 1-4 pm) or full-day (9 am-4 pm) sessions by camp week by visiting www.nsymca.org. The Y’s indoor pool will be available three days a week for free swim time. The Y will not be offering any virtual camps.

“We have an excellent, experienced staff who have had extensive training on how they can help make camp safe and fun this summer. We will be adapting sports and game play, providing extra social and emotional support systems, and teaching our campers how they can practice safe hygiene techniques,” stated Ricky Gonzalez, the Y’s Director of Summer Camp.

For more information, visit nsymca.org. For questions or concerns regarding the YMCA’s phased reopening plan, contact Kathy Fielding, CEO at kfielding@nsymca.org.

About the North Suburban YMCA

The North Suburban YMCA services Northbrook and 14 surrounding communities with programs and tools that help its residents become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at NSYMCA.org.



Caption: *Under the Restore Illinois Phase Four Guidelines, The North Suburban YMCA has reopened its Summer Camp.*