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FOR HEALTHY LIVING
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**NORTH SUBURBAN
YMCA**

2705 Techny Road
Northbrook, IL 60062
www.nsymca.org

FOR IMMEDIATE RELEASE

Grant from Stand Up Desk Store Creates Healthier Workspace at North Suburban YMCA

Northbrook, IL: The North Suburban YMCA recently received a grant from Stand Up Desk Store, enabling the Y to equip its conference room with modular tables and ergonomic sit/stand chairs to better serve the many functions of the room. Volunteers from the company personally came out and donated their time and efforts to transform the room into a modern, transformable workspace. Their signature “stand-up crank adjustable desks” and “sit-to-stand drafting” chairs are just a couple of new elements to the room. The new furniture, valued at approximately \$5000, will promote a healthier environment for Y staff, volunteers, and others who use the conference room.

“The new furniture is truly a step into the future for the Y,” enthuses Kim Nyren, NSYMCA Director of Community Investment. “Stand Up Desk Store really understood our needs for the room. It was important that the furniture accommodate an upscale meeting, while still giving us the ability to change the room into a classroom for our S.T.E.A.M. programs. The chairs especially are designed to work for all ages, with their motion stools being a favorite amongst our active kids.”

Elesha Garza, the brand manager from Stand Up Desk Store, was one of the many volunteers who supported the project. The company plans to use the room transformation as a case study for their own website and testimonials.

“In addition to offering ergonomic workspace products that enhance health, wellbeing, and productivity, a core mission of Stand Up Desk Store is to give back to our community,” commented Garza. “The North Suburban YMCA has been serving our friends and neighbors for more than 50 years, so when the opportunity came up to support their programs through donations and volunteer work, we jumped at the chance. As such, we are proud to provide a room’s worth of modern, flexible furniture that will benefit employees and members for many years to come.”

The new conference room will continue to support the NSYMCA’s 50th Anniversary Initiatives like S.T.E.A.M. and youth education opportunities. Other initiatives include: “2 Seconds 2 Long,” a children’s swim safety partnership with local schools; Diabetes Prevention program; the Enhance[®] Fitness Arthritis Management program; Social Responsibility projects; and other goals to advance the Y for the next 50 years.

For more information about the North Suburban YMCA, visit NSYMCA.org.

About the [North Suburban YMCA](#)

Celebrating its 50th Anniversary in 2018/19, the North Suburban YMCA provides individuals in Northbrook and 15 surrounding communities with programs and tools that help them become healthier, more connected, and confident, ensuring that everyone, regardless of age, income, or background, has the opportunity to learn, grow, and thrive. The NSYMCA focuses on Youth Development, Healthy Living, and Social Responsibility and is a charitable organization, inclusive and welcoming to all in our community. Learn more at [NSYMCA.org](https://www.nsymca.org).

About [Stand Up Desk Store](#)

A healthy workspace boosts productivity by keeping you energized and motivated! That's why Stand Up Desk Store creates and offers a wide range of ergonomic workspace products that enhance wellbeing and focus. In everything we do, you can expect quality, value-priced merchandise that is backed by superior, industry-leading customer service. Take your efficiency up a notch with an electric, crank, or pneumatic adjustable standing desk, or convert your existing space with one of our innovative and feature-packed standing desk converters. Learn more at <https://www.standupdeskstore.com>.



Stand Up Desk Store volunteers starting the conference room project (from left to right Jessica Stam, David Ellis, Brett Ratner & Becky Behof)



Children during the Y's S.T.E.A.M programming enjoying the new tables classroom style.