



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ADVOCACY IN THE HOSPITAL

**PRACTICAL TIPS TO ADVOCATE FOR YOURSELF AND YOUR  
LOVED ONES IN THE HOSPITAL**

**Monday, November 5, at 11:15 am\***

**NSYMCA Conference Room – FREE and open to the public**

Common hazards in hospital care are the third leading cause of death in the United States. Although hospitals work hard to zero out harm, you can do your part, too.

## **Expert Advice**

Join Gayle Byck, PhD, MPH, Certified Senior Advisor (CSA), the founder and principal advocate of InTune Health Advocates, LLC as she teaches practical tips to use when you are an advocate in the hospital.



## **Learn**

- The most common hospital hazards and cracks in care – and how you can prevent them
- When to speak up and what to say when you're worried about your loved one's care (and worried about looking stupid)
- What to expect that you're not expecting in hospital care – and how to prepare



**A part of the NSYMCA  
ADULT EDUCATION SERIES**

\*Space is limited, to reserve your seat contact:

847-272-7250 or register on line at

[www.nsymca.org](http://www.nsymca.org)

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